

Evie Belton-EB  
 Cynd Hartman-CH  
 Pam Sulton-PS  
 Charlena Truitt-CT  
 Pearl Gordon (sub)  
 Terry McIntosh-TM

Pam Greene-PG  
 Chris Siau-CS  
 Harry Williams-HW  
 Cheryl Woodhouse-CW  
 Mike Simmons-MS

# March 2010-Andy's

## instructors

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 12pm Cardio/MS 4:15pm 4/15/PG 5:30pm AGT/CS 6:30pm Waistup/CS	2 8:30am Seniors/PS 12pm Yoga/PG 4:15pm Cardiobox/PG 5:30pm Rer Aditude/EB 6:30pm Step it up/EB 6:00pm Soul Line C&C	3 8:30am Seniors/PS 12pm Cardio/MS 4:15pm Step/PG 5:30pm BOSU/CS	4 8:30am Seniors/PS 12pm Yoga/PG 4:15pm Resistance/PG 5:30pm Zumba/EB 6:30pm Waistup/EB	5 12pm Spin @ Vanguard 4:15pm Crdo&abs/PG 5:45pm Pilates/CH 6:00pm Soul Line/C&C	6 8:15am Pilates/CH 10am Zumba/HW
7	8 12pm Cardio/MS 4:15pm 4/15/PG 5:30pm AGT/CS 6:30pm Waistup/CS	9 8:30am Seniors/PS 12pm Yoga/PG 4:15pm Cardiobox/PG 5:30pm Rer Aditude/EB 6:30pm Step it up/EB 6:00pm Soul Line/C&C	10 8:30am Seniors/PS 12pm Cardio/MS 4:15pm Step/PG 5:30pm BOSU/CS	11 8:30am Seniors/PS 12pm Yoga/PG 4:15pm Resistance/PG 5:30pm Zumba/EB 6:30pm Waistup/EB	12 12pm Spin @ Vanguard 4:15pm Crdo&abs/PG 5:45pm Pilates/CH 6:00pm Soul Line/C&C	13 8:15am Pilates/CH 10am Zumba/HW
14	15 12pm Cardio/MS 4:15pm 4/15/PG 5:30pm AGT/CS 6:30pm Waistup/CS	16 8:30am Seniors/PS 12pm Yoga/PG 4:15pm Cardiobox/PG 5:30pm Rer Aditude/EB 6:30pm Step it up/EB 6:00pm Soul Line/C&C	17 8:30am Seniors/PS 12pm Cardio/MS 4:15pm Step/PG 5:30pm BOSU/CS	18 8:30am Seniors/PS 12pm Yoga/PG 4:15pm Resistance/PG 5:30pm Zumba/EB 6:30pm Waistup/EB	19 12pm Spin @ Vanguard 4:15pm Crdo&abs/PG 5:45pm Pilates/CH 6:00pm Soul Line/C&C	20 8:15am Pilates/CH 10am Zumba/HW
21	22 12pm Cardio/MS 4:15pm 4/15/PG 5:30pm AGT/CS 6:30pm Waistup/CS	23 8:30am Seniors/PS 12pm Yoga/PG 4:15pm Cardiobox/PG 5:30pm Rer Aditude/EB 6:30pm Step it up/EB 6:00pm Soul Line/C&C	24 8:30am Seniors/PS 12pm Cardio/MS 4:15pm Step/PG 5:30pm BOSU/CS	25 8:30am Seniors/PS 12pm Yoga/PG 4:15pm Resistance/PG 5:30pm Zumba/EB 6:30pm Waistup/EB	26 12pm Spin @ Vanguard 4:15pm Crdo&abs/PG 5:45pm Pilates/CH 6:00pm Soul Line/C&C	27 8:15am Pilates/CH 10am Zumba/HW
28	29 12pm Cardio/MS 4:15pm 4/15/PG 5:30pm AGT/CS 6:30pm Waistup/CS	30 8:30am Seniors/PS 12pm Yoga/PG 4:15pm Cardiobox/PG 5:30pm Rer Aditude/EB 6:30pm Step it up/EB 6:00pm Soul Line C&C	31 8:30am Seniors/PS 12pm Cardio/MS 4:15pm Step/PG 5:30pm BOSU/CS			<i>Due to advance nature of calendar...it is subject to change</i>