

Sports Sign Up

Eligibility: Youth who are family members of Active duty military personnel; APF and NAF Civilians; employees of DoD contractors and Retired military. Family members of National Guard and Reserve not on active duty on space Available basis.

Youth must first be registered with Child, Youth & School Services prior to signing up for sports. **The CYS Services registration fee is waived as a result of the Army Family Covenant.** However, families needing to register are Encouraged to call 751-4865-4824 to make an Appointment to eliminate a long wait to register. The CYS Services Central Enrollment Office is Located in Joe E Mann Community Center, Building 3392, behind post headquarters on the Corner of Magruder Avenue and Gregg Street.

Central Enrollment Office
Monday, Wednesday, Friday
7:30 am to 4:30 pm
Tuesday and Thursday
7:30 am to 6:00 pm

Note: Current physicals and proof of age are required at the time of registration. Track participants must submit a copy of their birth certificate as proof of age.

*Can register online at: webtrac.mwr.army.mil
Call central enrollment for more information about online registration.



Spring Sports Spectacular

(Free Skill Session for Soccer)

Open to all Fort Jackson community youth regardless of CYS Services registration/sports sign up

Soccer 23 Feb 10
6:00 – 7:00
Youth Sports Complex

Volunteer Coaches Needed

Parents-Looking to take an active role in your child's life? Consider volunteering as a Youth Sports Coach and receive a Coaches' Discount for your children that play a sport during the season that you coach (100% first child; 50% additional children/same family). Training and National Alliance of Youth Sports Coaches' Certification available at no cost. Contact the Youth Sports Office at 751-5040.

Other community members interested in making the difference in the life of a child are also encouraged to sign up as a Youth Sports Coach.

Coming 5 April 2010
Pitch, Hit & Run Contest for Boys and Girls
Ages 7-14

Spring 2010 CYSS Youth Sports/Fitness



Toni Harris, Asst Director
751-5040

Soccer



Ages: 3-10 yrs (as of 1 Mar 10)
10-13 yrs (as of 1 Aug 09)

Fees: \$30 for 1st child
\$27 for addt'l child/ same family

Season of Play: Mar-May 2010

Players contacted: 8-12 Feb

Youth Sports Provides :

- Jersey (youth retain as memento)
- Shorts (returned at the end of the season)
- Trophy
- End of Season Pot Luck
- An opportunity to learn new skills and have Fun!

Track



Ages: 9-14 yrs (as of 31 Dec 10)

Fees: \$40 for 1st child
\$36 for addt'l child/Same family

Season: Mar-Jun 2010

Youth Contacted: Feb 22-26

Youth Sports Provides :

- Jersey (youth retain as memento)
- Shorts (returned at the end of the season)
- Trophy
- End of Season Pot Luck
- An opportunity to learn new skills and have Fun!
- Registration in at least 4 off post track meets that occur generally on Saturdays.

Baseball



T-Ball: Ages 3-5 yrs (as of 15 May 10)

Coach Pitch: Ages 6-8 yrs (as of 15 May 10)

Little League: 9 yrs and up (as of 15 May 10)

Fees: \$40 for 1st child
\$36 for addt'l child/same family

Season: Apr – Jun 2010

Players contacted: 5-9 Apr

Youth Sports Provides :

- Jersey & Hat (youth retain as memento)
- Pants (returned at the end of the season)
- Trophy
- End of Season Pot Luck
- An opportunity to learn new skills and have Fun!



Health & Fitness Fun for the Whole Family

Health Rocks

Join us at our monthly health & fitness extravaganza at the Youth Center the second Friday of each month from 6:30 pm to 9:00 pm. Sign up at the Youth Center the week prior to the event in person or by contacting the Youth Center at 751-6387. Fun fitness activities, games and a nutritional meal are provided. Open to all CYS Services registered youth grades 1 through 12. Parents wanting to participate with their child are encouraged to participate but are not required to stay on site. Younger children may participate as long as the parent remains on site and provide supervision for their child.

Jumping Jacks

Each Saturday morning at the Solomon Center from 8:00 am to 12:00 pm, Child, Youth & School Services in conjunction with Recreation Division offers fitness for the entire family. Parents can enjoy a stress free work out in Andy's Fitness Center, school age youth participate in fitness activities designed for their age group (Middle & High group, Elementary School group). Fitness activities are also provided for preschool youth, ages 3 to 5, and child care is available for infants and toddlers at a minimal cost.

